FAMILY FUN N DERBY 2021/22

Loads of great children's activities

Derby Arena

Queen's Leisure Centre

Derby City Council

🕏 inderby.org.uk/family 🎔 f

Derby Parks & Golf

Springwood Leisure Centre Theatre & outdoor events

WELCOME

Hi everyone, we are the Derby Six and we want to tell you what's happening for families in Derby!

Although 2021 may have been slightly different with the COVID-19 pandemic, we want to reassure you that all Derby City Council facilities and activities are following government guidance to ensure you and your families are safe.

There is lots for you all to get involved in, as individuals or as a family!

Let's find out what the Derby Six like to do.

Stix loves Markeaton Park, he enjoys the open space with his family, enjoying bike rides and playing Mini Golf. Clix is learning to swim and visits Queen's Leisure Centre each week to improve her confidence in water, ready for when she takes a splash in the pool on holiday.



Trix and Kix, love cycling and learn tricks at the Alvaston Park BMX track and ride the Derby Arena indoor track. You will find Vix at Derby's Libraries where she will be enjoying the Big Summer Read challenge and the click and collect service, but she also likes to go to the Coding Club with Flix.

All the Derby Six are excited this year as events are back, and with their families they will be going to Darley Park Concert, but also the Pantomime at Derby Arena, which is Sleeping Beauty.

So, why not take a look through this Family Guide and plan a fun day out for everyone!

All programmes, events and up to date information can be found at **inderby.org.uk** or why not down load the In Derby FREE App.





Clix is the leader of The Six, she finds out about all the great activities on offer in Derby and posts them on the website and social media.



Kix is into all kinds of sport. Come and join him at Derby Arena and Queen's and Springwood Leisure Centres for swimming, badminton, footie and more!



Trix loves cycling and spends loads of time at Derby Arena where he can ride the 42 degree track and keep fit in the gym and on the courts.



Flix loves going to the cinema and the theatre. Lucky there's some great shows coming up in Derby.



Vix loves to find out about new things. She'll be doing loads of cool activities in Derby Libraries including computer programming at Code Club.



Stix hangs out in the park all the time because there's so much to do. Markeaton Park has a great play centre and he loves the BMX track at Alvaston.



This logo means our business adheres to Government and public health guidance

SWIMMING



At Queen's Leisure Centre we have great opportunities for children to learn to swim and for the family to be active together. Take a look at our pool programme at **inderby.org.uk/swim**, which offers plenty of opportunity to swim as a family whether it's for fun, relaxation or to keep fit.



PUBLIC SWIM

These sessions are for everyone – enjoy swimming at your own pace. Families can enjoy the pool together in this open session.





DISABLED SWIMMERS

For adults and children with disabilities we have spacious disabled changing rooms and pool hoists. Admission is free for carers helping a disabled person take part in an activity and disabled swim lessons.

SCHOOL HOLIDAY POOL PROGRAMME We offer a fantastic fun-filled holiday programme, find out more at inderby.org.uk/holidays



SWIM AS A FAMILY

You can swim in our public sessions, but we also have Family Splash sessions where there will be floats and toys to enjoy - why not try Atlantis Splash Run, an amazing inflatable which stretches the length of the gala pool, with giant obstacles for you to climb, scramble over and thrill seeking slides. (Ages 5+)



ADULT & CHILD

As a baby, your child can start learning the fundamentals of swimming. Adults with children under 5 years can come along to our fun Adult and Child sessions. There are toys and floats for the children to enjoy, which helps build their confidence in water.

UNDER 8s POLICY We operate a policy for ratio admission of children of a certain age with an adult to swim in our pools. Check **inderby.org.uk/swim** for more details.

LEARN TO SWIN SACTIVE

Our Learn to Swim programme at Queen's Leisure Centre provides the opportunity for everyone regardless of age or ability to learn to swim at their own pace and achieve their own goals. Our qualified swim teachers will progress your child through the Swim England framework.



PRE-SCHOOL UNDER 5s

The Pre-School programme introduces pre-schoolers to swimming through fun and games. It also offers support for those learners who may have additional needs, requiring smaller steps. Look out for Discovery Ducklings coming soon.



4 TO 16 YEARS

Our stages cover a range of topics, including water confidence, safety, stamina, stroke technique and much more.

All stages are delivered based on the ability of each individual, so regardless of your child's experience we will make sure they feel comfortable and help them to build their own confidence at their own pace.



ADULT LESSONS

Adult Lessons available visit our Learn to Swim web page for more information.



Stage 1-7 For non-swimmers, from their first splash to becoming confident and having fun in water.

Stage 8-10 Discipline-specific and are taught to young people who want to take up competitive swimming or Rookie Lifeguard.

To book your lesson call 01332 641444 or visit inderby.org.uk/learntoswim

NEW SWIMMING POOL

Derby can look forward to a fun filled family adventure at the new swimming pool being built at Moorways.

Designed with families and children in mind, it will include a number of thrills and spills. There will be a water play structure, beach area, two flumes, a wave generating 'wow' ball, multi-slide and a wave rider.

It will also include soft play, 50m pool, learner pool, sauna & steam, gym and exercise studios.

Find out more at inderby.org.uk/moorways

ATLANTIS SPLASH RU

Take the Challenge at Queen's Leisure Centre

inderby.org.uk/swim

FAMILY FUN

BOOKNOW

FUN WITH FRIENDS

😂 inderby.org.uk/atlantis 🎔 f

SPORTS COURTS SPORTS COURTS

Our sports centres and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your family to enjoy. We have rackets and balls available to hire. For prices, more information or to book visit **inderby.org.uk/sports** or **inderby.org.uk/parks** or call **01332 641234**.

	Derby Arena	Moorways Stadium	Parks	Springwood Leisure Centre	Queen's Leisure Centre
Squash				•	
Racketball				•	
Badminton	•			•	
Table tennis	•			•	•
Short mat bowls	•			•	
Basketball	•			•	
Grass pitches		•	•		
Athletics track & field		•			
Synthetic pitches		•	•	•	
Handball	•				
Netball	•			•	
Volleyball	•				
Futsal football	•				
Tennis			•		
Pickleball	•				

SPORT IN THE PARK



inderby.org.uk/sports

COACHING

There are lots of activities for children to take part in at our leisure facilities, including term-time coaching courses. Some courses are delivered by our own staff and others by clubs. These courses will encourage children to be active and learn new skills.

Coaching courses include, gymnastics, martial arts, swimming, football, athletics, track cycling and trampolining. Find out more on our coaching web page inderby.org.uk/coaching.









Our gymnastic programme aims to ensure that every participant achieves their full potential whilst enjoying our coaching programme, which follows the British Gymnastics award scheme. There are sessions available for all ages, from walking-age up to 16 years.

For availability and prices call Springwood Leisure Centre on **01332 640333** or visit **inderby.org.uk/gymnastics**

DERBY ACTIVE Springtots

Our sessions introduce your little one to gymnastics in a fun and challenging way by exploring the soft play and gymnastics equipment. Children will start to learn basic fundamental movements which are the building blocks for a wide range of sports and will start to develop their confidence. As they grow, children will increase their strength and flexibility through fun themed activities.

Visit **inderby.org.uk/gymnastics** or call **01332 640333** for more information.



FACILITY HIRE

Do you run a local team or group and are looking for a venue? We can accommodate block bookings, competition events or one day activity sessions. Call **01332 641234** or email **leisure@derby.gov.uk**

CYCLING



Do you want to try something different? Ride the track at Derby Arena, feel the energy rush and excitement as you ride the 42° incline. If you're aged 12 (9 for family taster sessions) and over, why not come to Derby Arena and have a go?

Our highly-trained and experienced cycling instructors will be on hand to take you through the different stages to make you a confident rider.

To find out more and book your Stage One Track Cycling Taster session visit **derbyarena.co.uk/cycling** or call **01332 640011**

SCHOOL HOLIDAYS

We have family sessions during school holiday periods, visit inderby.org.uk/holidays



BIRTHDAY PARTIES Book a cycling birthday party see page 18 for more information.

cyclederby



Cycle Derby offer a wide range of cycling opportunities for children and the whole family to enjoy. At **cyclederby.co.uk** you'll find a wealth of information to help you get started with cycling, find out about cycle routes, cycling events and races and much more.



HOLIDAY ACTIVITIES

Each school holiday there are a variety of cycling activities on offer, often at Derby Arena or Markeaton Park. Visit **cyclederby.co.uk** for details.

BIKEABILITY

Bikeability cycling lessons and some afterschool clubs are provided by Cycle Derby at Derby schools. Contact your school to find out what's available.





MUNDY PLAY CENTRE

Lots of fun for all the family to enjoy, with exciting opportunities for children to climb, run, and play in a safe, engaging, fun environment. There's plenty of seating and picnic areas, so why not enjoy hot drinks, ice cream or a light snack from our kiosk.

Open from February half term to the end of October half term holidays. Some activities only available 10:30am - 4:30pm at weekends, on bank holidays and in school holidays. For paddling pool times, please visit **inderby.org.uk/markeaton**



PIRATE SHIP ADVENTURE GALLEON



BOUNCY CASTLES



PADDLING POOL

DONKEY RIDES











PIZZA AND ICE CREAM KIOSKS





inderby.org.uk/parks



Derby has over 300 parks and open spaces. They're jam-packed with things to do as a family, from play areas and skate parks to nature reserves and a butterfly garden.

Our parks are a great place to get healthy; they're open to everyone and are free to use. Stay active by taking a walk, playing football or golf, or using our adiZone free outdoor gyms.

We also have lots of events taking place on our parks and open spaces throughout the year - have a look at our events programme at **inderby.org.uk/events** for more information.

PLAYGROUND & PLAY AREAS

Derby has over 50 play areas, with loads to keep all ages happy including: giant basket swings, zip wires, mazes, sand pits, trampolines, swings, see-saws, skate parks, BMX parks, water play areas, climbing boulders and much more! Go online at **inderby.org.uk/parks** to find out more and plan your next visit.



ADIZONE GYMS

Get active on one of our adiZone outdoor gyms.

GOLF

Mini Golf, Pitch & Putt, Disc Golf, Footgolf or an 18 hole course, Derby Parks have it all.



NATURE & WILDLIFE

Our parks, open spaces, woods and nature reserves offer fantastic opportunities to learn more as a family. Find nature walks and trails and plenty of resources online at **inderby.org.uk/parks**.

LOVE EXPLORING

Download the app and discover more in our parks

inderby.org.uk/parks

BUGGY BABES

A great way to meet new mums and get fit at the same time. At Darley Park, Markeaton Park and Alvaston Park.



SKATE PARKS

Several of our parks have skate parks and BMX parks. The National BMX championships were held at Alvaston Park's track, which is particularly userfriendly to BMX riders as well as skaters. A must visit for skating enthusiasts. Take a look on our website to find out more.



ALLOTMENTS

Get fit, get healthy and grow your own! There are 30 allotment sites within Derby, which means everyone can have an outside space of their own. Maintaining an allotment is great for keeping the children busy and there's lots to be learnt about where food comes from and how to nuture and care for plants.

Find out more at inderby.org.uk/parks.



PARKRUN

Adults and children can take part in a 2k run every Sunday at 9am at Markeaton Park. Find out more at **parkrun.org.uk/markeaton**



VOLUNTEER OPPORTUNITIES

Derby Parks volunteers contribute their time and energies to the conservation and development of Derby's many green spaces. Why not join as a family? To find out more visit **derbyparksvolunteers.co.uk**



FOOD AND DRINK

You can find refreshments kiosks and cafés in most of our parks, including the new Pizza Kiosk and Orangery at Markeaton Park, Waterside Café at Alvaston Park and Community Café @Chaddesden. Drop in for drinks, ice creams, homemade cakes, light bites and meals. Special children's menus are available in some venues.



inderby.org.uk/parks

SPRINGWOOD LEISURE CENTRE MARKEATON PARK QUEEN'S LEISURE CENTRE DERBY ARENA

BOUNCY CASTLE & SOFT PLAY PARTY & DISCO PARTY & FOOTGOLF PARTY PITCH & PUTT PARTY & ATLANTIS SPLASH PARTY TODDLER TEA PARTY & TRACK CYCLING PARTY & POOL PARTY







"Hollie had a fabulous party at Derby Arena, everyone really loved it, the staff looked after the kids brilliantly. Café 42 did a great party tea for them, and looked after us really well. I can't thank you all enough, it was all absolutely perfect." **Julia**

Let us take the headache out and put the fun into your next birthday party. Our flexible range of packages have something to suit everyone.

inderby.org.uk/birthdays

UNDER FIVES

We've got plenty on offer to keep you and your under 5s occupied. From walks in the park or bouncing in our soft play sessions to storytime at the library or laughing along with our family panto.

DERBY ACTIVE

Start your child's love of **swimming** from 3 months old with our **Adult & Child sessions**. We also have **Splash sessions** for the whole family to enjoy.

On the drier side, at **Springwood Leisure Centre** we have **Bouncy castle and soft play sessions** on Thursdays at 9.30am, and the **Springtots** gymnastics programme.

DERBY LIBRARIES

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have **board books**, **picture books**, **story books**, **audiobooks**, **ebooks**, and much, much more! **Bookstart** is a national scheme giving free books to pre-school children – find out more on our website.

We run free **Cradle Clubs** and **Shake**, **Rattle and Rhymetime** sessions - visit our website for details of when and where each session takes place.

DERBY PARKS

A walk in the park is a great way to keep fit and meet up with friends. Most of our parks have **play areas**, the **Mundy Play Centre** at **Markeaton Park** has the most on offer, with the **pirate ship**, **paddling pool** and the **Orangery Café** to take a break.

Join **Buggy Babes**, a great way to meet new mums and get fit at the same time. At **Darley Park**, **Markeaton Park** and **Alvaston Park**.

DERBY LIVE

Your child's first visit to the theatre is a magical time. We have a range of family shows throughout the year. There's also fun for the whole family with the the annual pantomime at Derby Arena, for 2021 it's **Sleeping Beauty**.











inderby.org.uk/familyfun

TEENAGERS

TRACK CYCLING

Young people from aged 12 years can feel the thrill of the Derby Arena cycle track.



JUNIOR GYM

Young people aged 12-16 can use our gym facilities for just £1.65 at Queen's Leisure Centre, Springwood Leisure Centre and Derby Arena in our Junior Gym sessions. For more information and session times visit **inderby.org.uk/juniorgym**



SKATE PARKS

Several of our parks have skate parks and BMX parks. Take a look on our website to find out more.



FIVERLIVE

16-26 year olds can join Derby LIVE's fiverLIVE scheme to get access to £5 tickets for a range of shows. Visit **derbylive. co.uk/fiverlive.**



LIBRARIES

Our libraries have loads on offer whether it's help with homework, somewhere to get online or broadening your horizons. Riverside, Alvaston and Mickleover Libraries run Code Club for children every Saturday during term time.



LIVE IT

Derby County Community Trust and Livewell offer a free and fun programme for 5 to 17 year olds to help them be more active and healthy. Find out more at **livewellderby.co.uk**



inderby.org.uk/familyfun

DERBY LIBRARIES EVERYTHING BEGINS WITH READING

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have **board books**, **picture books**, **story books**, **audiobooks**, **ebooks**, and much, much more!

We run a range of free activities for children, see below for details, and visit our website for details of when and where each session takes place.

SUMMER READING CHALLENGE

Derby Libraries has some free online activities for children and families this summer, all linked to 2021's Summer Reading Challenge theme of nature and the environment.

Produced by Authors Abroad, they are free and open to everyone. All we ask is that if you're not a library member and you enjoy the videos, you join your local library there's always something fun to do there!

Please see our website for more details inderby.org.uk/wildworld For children aged from 4 to 11.



RHYME TIMES

Derby Libraries' Rhymetimes are back in a new format. The popular nursery rhyme sessions for pre-school children and their parents and carers are back as a series of online videos, created by Derby Theatre, to watch and follow at home. From *Wind the Bobbin Up* to *A Sailor Went to Sea Sea Sea*, and *Twinkle Twinkle* to *Old Macdonald*, babies and toddlers will love joining in with infectious rhymes, fun sounds and lively actions in these seven videos. Available to watch for free on our Rhymetimes page, and on the InDerby YouTube channel.

BIG FAMILY READ

This is all about families enjoying a story together about nature and the environment and creating their own piece of nature writing for our Big Family Read competition. The winner will receive a brilliant prize and their work will be published on our website.

There's also a fun, free and exciting online event to look forward to. Check out our website for more details over the next few months.

CODING FOR 8-13 YEAR OLDS

Code Clubs teach children basic computer programming. They are run by trained staff and volunteers at Alvaston, Mickleover, Normanton and Riverside Libraries. A free 20 week course starts September 2021. Code Plus, a chargeable four week course offering fun, hands-on STEM activities combining code, design and electronics using Makey-Makeys, Microbits and Raspberry Pi is also on offer. Check our website for details.

Sessions are open to children aged 8 to 13.



inderby.org.uk/libraries

FOR DERBY CITY COUNCIL

FOR INFORMATION VISIT DERBY.GOV.UK / FOSTERING CALL 01332 640880 TEXT 07774 333412





Families Information Service (FIS) Family Hub

FIS is a free information and signposting service for families with children and young people aged 0-25. FIS gives impartial advice about childcare, family support services and activities.

Childcare: www.derby.gov.uk/childcare

Family support and activities: www.derby.gov.uk/family-hub

Or call: 01332 640758

EVENTS



A fun, family-friendly public art event brought to the city by Derby Museums and Wild in Art. Each of the 30 ram sculptures has a unique character and story to tell, make sure you visit them all!

Until 22 Aug

Derby City Centre FREE, for more information visit derbyramtrail.org

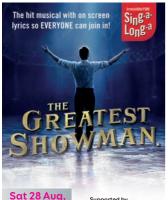


Family favourites that guarantee a great day out for everyone. Enjoy a selection of stalls, international foods, dance, funfair, entertainment and the fantastic dog show.

Sun 1 Aug, 11am - 5pm see website for funfair times

Chaddesden Park

Free entry, see on site for prices Produced by Chaddesden Neighbourhood Board, Chaddesden Traders Association, Friends of Chaddesden Park and Out of the Box in association with Derby City Council.





Darley Park £18, under 2s free



RELAXING MUSIC

stlene Dragons

Outdoor adventure theatre with the Babbling Vagabonds. Here be Dragons returns this July and inviting fearless families to join in the fun.

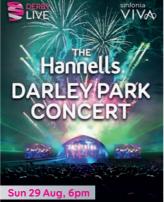
Wed 21 - Sun 25 Jul, 11am & 2pm

Markeaton Park £9, under 3s go free

The Urban Soul Orchestra and a host of critically acclaimed vocalists bring a heady blend of Balearic beats to life.



Darley Park £52 - £41 Under 16s £27 - £22 Under 5s free



Darley Park £8.50 on the day (from £4 in advance) U16s £3.50 on the day (from £1 in advance)

AWARD-MINNING PICNIC



Tue 27 - Thu 29 Jul Online & in Derby parks Free event, find out more online





Performance, participation and piratical shenanigans on Cathedral Green. Come and enjoy this free family festival with some of Derbyshire's finest homegrown actors, dancers, poets, musicians and makers. It's Arrrrr 8th year!

Sat 30 Aug, 10am - 4pm

Cathedral Green Free, see furthestfromthesea.co.uk

inderby.org.uk/events

For a full programme of events visit inderby.org.uk/events and derbylive.co.uk



Artcore: Creative Maze

An interactive family maze in the marquee by Derbybased Artcore, a centre for contemporary art and creativity based in Derby.

Tue 27 – Fri 30 Jul

FREE, drop in

DERBY



VR Escape Experience by ARZ Virtual Reality: Escape Room & Arcade Cutting edge Virtual Reality experiences that will transport you into an immersive and exciting altered reality.

Mon 23 – Tue 31 Aug

Arcade Experience £20 Escape Room £60 (3 people) or £80 (4 people)



Comedy Club 4 Kids Cracking entertainment, we have the best comedians from the UK and world circuit doing what they do best... but without the rude bits!

Sat 18 Sep

£.8

derbymarketplace.co.uk



A magical musical adventure chock-full of spectacular story telling. Songs by guitarist and composer Jack Ross & illustrations by Eleanor Meredith.







LARK IN THE PARK

Lark in the Park will be taking place on Sun 19 Sep. For more information please visit facebook.com/ friendsofderbyarboretum

<mark>Sun 19 Sep</mark> Derby Arboretum Park



The stage for Derby Festé 2021 is the streets and spaces overhead. Derby will host some internationally acclaimed artists with installations of light, movement and sound over the weekend, and beyond.

Fri 24 - Sun 26 Sep

Derby City Centre See derbyfeste.com for details



Celebrate in Markeaton Park this Christmas, including the very popular Dog Grotto & free Elf Trail.

Sat 4 & Sun 5 Dec

Markeaton Park Craft Village Free entry



Join the Lost Boys this Christmas as they pull off a daring heist, under the guise of performing a Panto for the tyrant President Sputum of Sickleovia. Can you handle the hilarity?

Fri 10 - Wed 22 Dec

Derby Market Place marquee £15 - £12 This heart-warming story is told with the usual Babbling Vagabond magic. Puppets, storytelling, shadows and song, all thrown into the mixing bowl to make the perfect cosy Christmas.



Derby Market Place marquee £14 - £11



inderby.org.uk/events

CONTACT US

You can find detail for our all individual venues and facilities online or by contacting us.





T: 01332 641234 E: leisure@derby.gov.uk inderby.org.uk/active



T: 01332 640789 E: parks@derby.gov.uk inderby.org.uk/parks



T: 01332 641701 E: libraries@derby.gov.uk inderby.org.uk/libraries



T: 01332 255800 E: derbylive@derby.gov.uk derbylive.co.uk

OTHER WAYS TO GET IN TOUCH

Text **07812 301233** Typetalk **18001 01332 640640** f @InDerby У @_InDerby

ALTERNATIVE FORMATS

We can give you this information in any other way, style or language that will help you access it. Please contact us on **01332 640640**, email **derbylive@derby.gov.uk**, text **07812 301233** or typetalk **18001 01332 640640**.

Túto informáciu vám môžeme poskytnúť iným spôsobom, štýlom alebo v inom jazyku ktorý vám pomôže k jej sprístupneniu. Skontaktujte nás prosim na tel.č: **01332 640640**.

يد معلومات بهم آپ کو سی ديگرا يسطريق، انداز اورزبان ميس مهيا کر سکته بين جواس تک رسانی ميس آپ کی مددکرے - براه کرم 01332 640640

Aby ulatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku. Prosimy o kontakt: **01332 640640**.

ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਟੈਲੀਫ਼ੋਨ 01332 640640



DERBY FREE APP

Discover more at your finger tips. Use the In Derby App to find activities for the family, bookings and information.



JOIN US ON SOCIAL MEDIA



Available on the App Store Geriron Google Play

Don't forget to sign up for our InDerby e-newsletters. Just fill in your details at the bottom of the hompage of the In Derby website **inderby.org.uk** InDerby derbylive derbyarena springwoodleisurecentre derbycitylibraries DerbyParks