

Family Information





WELCOME

Hi everyone, we are the Derby Six and we want to tell you what's happening for families in Derby! There is lots for you all to get involved in, as individuals or as a family!

The Family Fun Guide has all the information you need from what to do in parks, libraries, leisure centres, theatres and events. There is also useful information from the Family Information Service and your guide to Holiday Activity and Food (HAF) free places, during school holidays.

So, why not take a look through this Family Guide and plan a fun day out for everyone! All programmes, events and up to date information can be found at inderby.org.uk/ events or why not download the In Derby FREE App.

11 Cycling

13 Parks

16 Under 5s

17 Family information

19 Birthday parties





HOW TO BOOK Our Sales & Information team are based in the Riverside Chambers, call them on 01332 640640 or drop in for more information or to book. Many activities can also be booked online. See p26 for other ways to get in touch.

MEETTHE SIX





Meet the Derby Six and find out what they like to do.

Stix loves Markeaton Park, he enjoys the open space and playing Mini Golf. Clix is loving learning to cook and enjoying new activities in the free holiday and food sessions. Trix and Kix, love cycling at the Alvaston Park BMX track and Derby Arena indoor track. You will find Vix at Derby's Libraries taking part in the Gadgeteers Summer Reading Challenge, but she also likes to go to the Coding Club with Flix.

All the Derby Six are looking forward to attending with their families Darley Park Concert and the Pantomime at Derby Arena, which is Aladdin.

Lets find out more about out SIX...



Clix is the leader of The Six, she finds out about all the great activities on offer in Derby and posts them on the website and social media.



Kix is into all kinds of sport. Come and join him at Derby Arena and Springwood Leisure Centres for badminton, footie and the Junior avm.



Trix loves cycling and spends loads of time at Derby Arena where he can ride the 42 degree track and keep fit in the gym and on the courts.



shows coming up in Derby.



Vix loves to find out about new things. She'll be doing loads of cool activities in Derby Libraries including computer programming at Code Club.



time because there's so much to do. Markeaton Park has a great play centre and he loves the BMX track at Alvaston.

CONTENTS

4 Holiday activities

6 Holiday activities & food

8 Swimming

9 Sports courts

10 Coaching courses





21 Teenagers

22 Fostering

24 Events

27 Contact us

Flix loves going to the cinema and the theatre. Lucky there's some great





Department for Education

SUMMER HOLIDAY **ACTIVITIES**



SOME FREE HOLIDAY ACTIVITIES AND FOOD

Scan here for more!



HOLIDAY FUN





HOLIDAY ACTIVITY AND FOOD IN DERBY

SUPPORTING DERBY COMMUNITIES

The Derby Holiday Activity and Food (HAF) Programme aims to provide support for families in Derby by providing free activities and meals during school holidays and beyond. The aims of the sessions are to provide each young person attending:

- access to enriching activities that they may not otherwise be able to attend
- enjoy learning new skills
- meeting friends and socialising, reducing social isolation during school holidays
- have a healthy and nutritious meal
- take part in physical and creative activities
- build greater knowledge of health and nutrition.

The Holiday Activities and Food programme is available to children that are eligible for free school meals during summer, December and the Easter holidays. Providers will accept all families to take part in their activities, but charges may apply and places are subject to availability.

Providers are subject to change, for the current list of providers visit the website at derby.gov.uk/derbyhaf







To take part in an activity or food session you must be in receiving free school meals to be eligible.

How to book

- Visit derby.gov.uk/derbyhaf and choose your activity
- 2. Contact the provider to book your space
- 3. Go along to your session and have FUN!

Scan here for more!



Things to do as a family

Visit the **derby.gov.uk/derbyhaf** web page where you will find lots of information on:

- Nutrition ideas
- How to get active
- Family information advice
- Household support fund information
- 10 minute shake up games
- And lots more.

OVER 20 PROVIDERS INCLUDING:

Aspire Community and Wrestling Alliance	The Bemrose School	Bramble Brook Holiday Club	Community One
Derby County Community Trust	Derby Theatre	Derbyshire Cricket Foundation	Endorphins
Engineered Learning	Fusion Scape	Genius Tuition	Inspirative Arts

Open Doors Forum	Pear Tree Playscheme	Premier Education	RCCG Solid Rock Derby
Safe and Sound	Schools Out Club	Spirit and Soul	Sporting Communities
St James Centre	The Enthusiasm Trust	Vox Feminarum	YMCA





For opening times and sessions visit everyoneactive.com

Managed on behalf of Derby City Council by Everyone Active.



SPORTS COURTS PERBY ACTIVE



Our sports centres and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your family to enjoy. We have rackets and balls available to hire. For prices, more information or to book visit inderby.org.uk/sports or inderby.org.uk/parks or call 01332 641234.

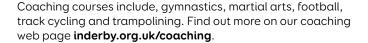
	Derby Arena	Parks	Springwood Leisure Centre
Squash			•
Racketball			•
Badminton	•		•
Table tennis	•		•
Short mat bowls	•		•
Basketball	•		•
Grass pitches		•	
Synthetic pitches		•	•
Handball	•		
Netball	•		•
Volleyball	•		
Futsal football	•		
Tennis		•	
Pickleball	•		



COACHING



There are lots of activities for children to take part in at our leisure facilities, including term-time coaching courses. Some courses are delivered by our own staff and others by clubs. These courses will encourage children to be active and learn new skills.









Our gymnastic programme aims to ensure that every participant achieves their full potential whilst enjoying our coaching programme, which follows the British Gymnastics award scheme. There are sessions available for all ages, from walking-age up to 16 years.

For availability and prices call Springwood Leisure Centre on **01332 640333** or visit **inderby.org.uk/gymnastics**



Our sessions introduce your little one to gymnastics in a fun and challenging way by exploring the soft play and gymnastics equipment. Children will start to learn basic fundamental movements which are the building blocks for a wide range of sports and will start to develop their confidence. As they grow, children will increase their strength and flexibility through fun themed activities.

Visit **inderby.org.uk/gymnastics** or call **01332 640333** for more information.



FACILITY HIRE

Do you run a local team or group and are looking for a venue? We can accommodate block bookings, competition events or one day activity sessions. Call **01332 641234** or email **leisure@derby.gov.uk**

CYCLING



Do you want to try something different? Ride the track at Derby Arena, feel the energy rush and excitement as you ride the 42° incline. If you're aged 12 (or 9 for family taster sessions) and over, why not come to Derby Arena and have a go?

Our highly-trained and experienced cycling instructors will be on hand to take you through the different stages to make you a confident rider.

To find out more and book your Stage One Track Cycling Taster session visit **derbyarena.co.uk/cycling** or call **01332 640011**

SCHOOL HOLIDAYS

We have family sessions during school holiday periods, visit inderby.org.uk/holidays





BIRTHDAY PARTIES

Book a cycling birthday party see page 18 for more information.

Ñ (

dieposphi



We offer a wide range of cycling opportunities for anyone of any age or ability. Whether you want to; access one of our inclusive fleet of over 40 adapted cycles, learn to ride for the first time, improve your skills in one of our school holiday clubs or build your confidence to ride together as a family, Cycle Derby can help...



Our year-round services include:

Learn to Ride for adults & children

Inclusive Cycling for any physical or mental ability

School Holiday Activities/Clubs

Family Bikeability

plus lots more...

For more information on all our offers, visit www.cyclederby.co.uk

(e) cyclederby@derby.gov.uk

Cyclederby

Gyclederby

10









MUNDY PLAY CENTRE

Lots of fun for all the family to enjoy, with exciting opportunities for children to climb, run, and play in a safe, engaging, fun environment. There's plenty of seating and picnic areas, so why not enjoy hot drinks, ice cream or a light snack from our kiosk.

Open from Feb half term to the end of October half term holidays. Some activities only available 10:30am - 4:30pm at weekends, on bank holidays and in school holidays.

For paddling pool times, please visit inderby.org.uk/markeaton

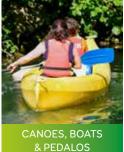






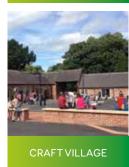
















Derby has over 300 parks and open spaces. They're jam-packed with things to do as a family, from play areas and skate parks to nature reserves and a butterfly garden.

Our parks are a great place to get healthy; they're open to everyone and are free to use. Stay active by taking a walk, playing football or golf, or using our adiZone free outdoor gyms.

We also have lots of events taking place on our parks and open spaces throughout the year - have a look at our events programme at **inderby.org.uk/events** for more information.

PLAYGROUND & PLAY AREAS

Derby has over 50 play areas, with loads to keep all ages happy including: giant basket swings, zip wires, mazes, sand pits, trampolines, swings, see-saws, skate parks, BMX parks, water play areas, climbing boulders and much more! Go online at inderby.org.uk/parks to find out more and plan your next visit.



ADIZONE GYMS

Get active on one of our adiZone outdoor gyms.



GOLF

Mini Golf, Disc Golf or Footgolf Derby Parks have it all.



NATURE & WILDLIFE

Our parks, open spaces, woods and nature reserves offer fantastic opportunities to learn more as a family. Find nature walks and trails and plenty of resources online at inderby.org.uk/parks.





SKATE PARKS

TENNIS

Several of our parks have skate parks and BMX parks. The National BMX championships were held at Alvaston Park's track, which is particularly userfriendly to BMX riders as well as skaters. A must visit for skating enthusiasts. Take a look on our website to find out more.



ALLOTMENTS

Get fit, get healthy and grow your own! There are 30 allotment sites within Derby, which means everyone can have an outside space of their own. Maintaining an allotment is great for keeping the children busy and there's lots to be learnt about where food comes from and how to nuture and care for plants. Find out more at inderby.org.uk/allotments.



PARKRUN

Adults and children can take part in a 2k run every Sunday Markeaton Park and Alvaston Park. Find out more at **parkrun.org.uk**



VOLUNTEER OPPORTUNITIES

Derby Parks volunteers contribute their time and energies to the conservation and development of Derby's many green spaces. Why not join as a family? To find out more visit **derbyparksvolunteers.co.uk**



FOOD AND DRINK

You can find refreshments kiosks and cafés in most of our parks, including the new Pizza Kiosk and Orangery at Markeaton Park, Waterside Café at Alvaston Park and Community Café @Chaddesden. Drop in for drinks, ice creams, homemade cakes, light bites and meals. Special children's menus are available in some venues.



UNDER FIVES

We've got plenty on offer to keep you and your under 5s occupied. From walks in the park or bouncing in our soft play sessions to storytime at the library or laughing along with our family panto.

DERBY ACTIVE

Lots to enjoy at **Springwood Leisure Centre** where we have **Bouncy castle and soft play sessions** on Thursdays at 9.30am, and the **Springtots pre-school** gymnastics programme.



LIBRARIES

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have board books, picture books, story books, audiobooks, ebooks, and much, much more!

Bookstart is a national scheme giving free books to pre-school children - find out more on our website.

We run free **Storytime** and **Rhymetime** sessions - visit our website for details of when and where each session takes place.



PARKS

A walk in the park is a great way to keep fit and meet up with friends. Most of our parks have **play areas**, the **Mundy Play Centre** at **Markeaton Park** has the most on offer, with the **pirate ship**, **paddling pool** and the **Orangery Café** to take a break.

Join **Buggy Babes**, a great way to meet new mums and get fit at the same time at **Darley Park**.



DERBY LIVE

Your child's first visit to the theatre is a magical time. We have a range of family shows throughout the year. There's also fun for the whole family with the annual pantomime at Derby Arena, for 2022 it's **Aladdin**.







The Families Information Service

We are a Family Hub of free impartial, information and advice to families where you can search for many different services available in Derby and beyond such as childcare, and family support plus much more. The Families Information Service offers:

A Family Service Directory - an online directory that holds information on local and national organisations including health, housing, children's centres, family activities and support groups. derby.gov.uk/family-hub

A Childcare Directory - an online directory of registered childcare within Derby city including, nursery schools, day nurseries, childminders, before and after schools clubs and more.

derby.gov.uk/childcaredirectory



A free helpline to families giving advice on childcare options. If parents are struggling to find childcare, they can contact us to access our brokerage service for further support.

Get in touch: E: FIS@derby.gov.uk T: 01332 640758 F: @DerbyFIS Signing service: derby.gov.uk/signing-service

Derby City Council supporting you and local families







Are you a working family, including the self-employed?

Do you earn less than £100k per year and at least £152 per week?

Do you pay for children in childcare aged under 12 years old?

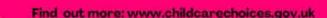
Or children in childcare aged under 17 years old if disabled?

Then you can probably get up £2,000 per child per year off your childcare bill!



You can use it to pay for all sorts of childcare including:

- childminders, nurseries and nannies
- before and after school clubs
- plauschemes and holidau clubs









BOUNCY CASTLE & SOFT PLAY PARTY • DISCO PARTY • FOOTGOLF PARTY PITCH & PUTT PARTY • TODDLER TEA PARTY • TRACK CYCLING PARTY







"Hollie had a fabulous party at Derby Arena, everyone really loved it, the staff looked after the kids brilliantly. Café 42 did a great party tea for them, and looked after us really well.

I can't thank you all enough, it was all absolutely perfect." Juliα

Let us take the headache out and put the fun into your next birthday party.

Our flexible range of packages have something to suit everyone.

inderby.org.uk/birthdays



EVERYTHING BEGINS WITH READING

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have **board books**, **picture books**, **story books**, **audiobooks**, **ebooks**, and much, much more!

We run a range of free activities for children, see below for details, and visit our website for details of when and where each session takes place.

SUMMER READING CHALLENGE

Join the Gadgeteers Summer Reading Challenge 2022, inspired by science and innovation. Read six books of your own choice and collect rewards as you go. Taking part helps children become confident and enthusiastic readers and supports their learning. The Challenge starts on Sat 9 Jul and there will be free events in Derby libraries – a Science Party delivered by Sublime Science and 'Meet the Oceans' with author Caryl Hart.

Please see our website for more details inderby.org.uk/reading

For children aged 4 to 11.

Summer Reading Challenge 2022



RHYME TIMES

Free half hour sessions of rhymes and songs - a great way of helping your child acquire good language skills and can really help with their future learning.

For babies and toddlers aged 0 to 3 and their parents and carers.

ONLINE RHYMES AND STORIES

We also have some online Rhymetimes, created by Derby Theatre, to watch and follow at home. From *Wind the Bobbin Up* to *A Sailor Went to Sea Sea*, babies and toddlers will love joining in with these infectious rhymes, fun sounds and lively actions. Available to watch for free on our In Derby YouTube channel.

NEW Sit back, watch and listen to *The Gingerbread Man* for children aged 4 to 11.

inderby.org.uk/familylibrary

HOMEWORK & STUDY

We promote a safe, welcoming, accessible environment at our Homework Clubs and provide access to books, computers and printing to help children and young people with their homework and study assignments.

inderby.org.uk/homework

CODING FOR 8-14 YEAR OLDS

Code Clubs are run by trained staff and volunteers at Alvaston, Mickleover, Normanton and Riverside libraries and teach children basic computer programming. New 20 week courses starting in September and March.

We also run a four week chargeable course, Code PLUS offering fun hands-on STEM activities combining code, design and electronics using Makey-Makeys, microbits and Raspberry Pi. Check our website for next course dates.

inderby.org.uk/codeclub



inderby.org.uk/libraries

TEENAGERS

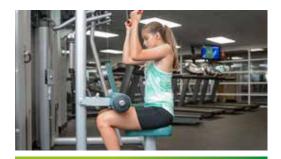
TRACK CYCLING

Young people from aged 12 years can feel the thrill of the Derby Arena cycle track.



JUNIOR MEMBERSHIP

12-16 year olds can use the gym and attend fitness classes if aged 14+ years. Available at Springwood and Derby Arena. Join for only £12.99 a month, T&Cs apply. Visit inderby.org.uk/junior



SKATE PARKS

Several of our parks have skate parks and BMX parks. Take a look on our website to find out more.



FIVERLIVE

16-26 year olds can join Derby LIVE's fiverLIVE scheme to get access to £5 tickets for a range of shows. Visit **derbylive.co.uk/fiverlive.**



LIBRARIES

Our libraries have loads on offer whether it's help with homework, somewhere to get online or broadening your horizons through books and reading. Riverside, Alvaston, Normanton and Mickleover Libraries run Code Club for children during term time.



LIVEIT

Derby County Community Trust and Livewell offer a free and fun programme for 5 to 17 year olds to help them be more active and healthy. Find out more at **livewellderby.co.uk**



YOU CAN FOSTER

Derby City Council **urgently** needs foster carers to provide **care**, **support** and a **loving home** to the city's most vulnerable children.

Could you **change a life** and be a foster carer?

Fostering is an **enriching** and **rewarding** experience for **you**, your **family** and the **children** you will care for.

You may ask is fostering for me, well there are many different types of carers, which all are part of the Derby City Council Fostering Family, including:

- Short-term fostering: full time care but the length of stay may vary.
- Long-term fostering: full time care nurturing and developing a young person into adulthood.
- Respite fostering: weekend and set holiday care.
- Supported Lodging fostering: for a young person aged 16-21.
- Family Link Care: short breaks for children with disabilities.
- Place to call home: fostering young refugees.

You must:

- be over 21 years of age
- have a spare bedroom (babies can share the foster carers bedroom up to the age of 12-18 months)
- have the time and energy to care for a child or young person
- live in or within a reasonable travelling distance of Derby City
- be living in the property in which you intend to foster.

You can:

- be married, single, in a civil partnership, living with a partner, divorced or widowed
- be of any religion or no religion
- be of any sexual orientation or gender identity
- be of any cultural or ethnic background
- be a home owner or tenant.

You just need to have the love in your heart and time to share to support our Derby Children in care.



If you are caring, energetic and have the space for a child, then fostering could be for you. Just come along for an informal chat at our information events or give us a call.

There is no pressure, the Foster Team will support and offer advice every step of the journey. Foster carers do receive payment and training to support their journey - details of which can be found by visiting; **derby.gov.uk/fostering**



FOSTER EDBY CITY COUNCIL

FOR INFORMATION VISIT DERBY.GOV.UK / FOSTERING CALL 01332 640880 TEXT 07774 333412





SHARED LIVES CARER

Shared Lives is a rewarding career where you can help a person with supportive needs to thrive.

For more information, go to derby.gov.uk and search for 'Shared Lives'



22

EVENTS

For a full programme of events visit **inderby.org.uk/events** and **derbylive.co.uk**

EVENTS

For a full programme of events visit **inderby.org.uk/events** and **derbylive.co.uk**



























CONTACT US



You can find detail for our all individual venues and facilities online or by contacting us.



T: Springwood Leisure Centre 01332 640333 Derby Arena 01332 640011 E: leisure@derby.gov.uk

E: leisure@derby.gov.uk inderby.org.uk/active



T: 01332 641701

E: libraries@derby.gov.uk inderby.org.uk/libraries



T: 01332 640789 E: parks@derby.gov.uk inderby.org.uk/parks



T: 01332 255800 E: derbylive@derby.gov.uk derbylive.co.uk

OTHER WAYS TO GET IN TOUCH

Text **07812 301233** Typetalk **18001 01332 640640** **f** @InDerby **y** @_InDerby

ALTERNATIVE FORMATS

We can give you this information in any other way, style or language that will help you access it. Please contact us on **01332 640640**, email **inderby@derby.gov.uk**, text **07812 301233**, or typetalk **18001 01332 640640**.

Túto informáciu vám môžeme poskytnúť iným spôsobom, štýlom alebo v inom jazyku ktorý vám pomôže k jej sprístupneniu. Skontaktujte nás prosim na tel.č: **01332 640640**.

يمعلومات بهم آپ كوكسى ديگرايسے طريقے ،انداز اور زبان ميں مہيا كرسكتے ہيں جواس تك رسائى ميں آپ كى مددكر ، براہ كرم

Aby ulatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacje, stylu lub języku. Prosimy o kontakt: **01332 640640**.

ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਟੈਲੀਫ਼ੋਨ 01332 640640

IN DERBY PRIVACY NOTICE

We collect your personal data when you make a booking, take out a membership or request information from us. This is in order to fulfil your booking/membership; to contact you about any important changes to your booking/membership; and for certain legitimate business interests - these include using information we have about you and your relationship with us to inform you about similar services and activities that we think you might be interested in, by email, post and phone. Your personal data is also processed by our booking system suppliers and email & mail distribution services. Data may be shared with other selected organisations that use this to analyse patterns of attendance for national and regional research or monitoring purposes - a full list of these can be found in our privacy notice at inderby.org.uk/privacy, along with further information about how your personal information will be used. You can request a hard copy from inderby@derby.gov.uk



JOIN US ON SOCIAL MEDIA











Don't forget to sign up for our InDerby e-newsletters. Just fill in your details at the bottom of the hompage of the In Derby website inderby.org.uk

InDerby

derbylive

derbyarena

derbycitylibraries

DerbyParks