

Summer/Autumn 2017

Loads of great children's activities



Springwood Leisure Centre



Theatre & outdoor events

**₹inderby.org.uk/family ★ f** 

# **WELCOME**



Welcome to Family Fun in Derby, packed full of ideas for what to do with the kids in Derby this Summer and Autumn across our facilities.

Make a splash at Queen's Leisure Centre, see a show at the Guildhall Theatre or Derby Arena, play racket sports at Springwood Leisure Centre, try Footgolf at Markeaton Park, ride the velodrome track in a family cycle session at Derby Arena, or join in with story time at Derby Libraries.

Don't miss our school holiday activity programmes (find out more on p13-24).

Get active and enjoy!

# NO NEED TO BE BORED, DERBY HAS SOMETHING FOR EVERYONE!

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#### How to book

Our Sales & Information team are based on the Market Place, call them on 01332 640640 or drop in for more information or to book. Many activities can also be booked online. See back page for other ways to get in touch.

Don't miss our **Derby Active** guide and **Derby LIVE** What's On quide







# **MEET THE SIX**



The Six are a group of friends who live in Derby and love all the great activities on offer around the city. Join them in Derby's parks, leisure centres, libraries and the Guildhall Theatre for loads of fun things to do.

Look out for them around the school holidays when there will be special programmes of activities across our facilities. The programmes for the Summer, October and Christmas holidays can be found in the centre of this booklet.

You can also find The Six online at **inderby.org.uk/six** with lots of great games, colouring sheets and fun things to do.



Clix is the leader of The Six, she finds out about all the great activities on offer in Derby and posts them on the website and social media.



Kix is into all kinds of sport. Come and join him at Derby Arena and Queen's and Springwood Leisure Centres for swimming, badminton, footie and more!



Trix loves cycling and spends loads of time at Derby Arena where he can ride the 42 degree track and keep fit in the gym and on the courts.



Flix loves going to the cinema and the theatre. Lucky there's some great shows on at the Guildhall Theatre and Markeaton Park this summer.



Vix loves to find out about new things. She'll be doing loads of cool activities in Derby Libraries this summer, including the Summer Reading Challenge.



Stix hangs out in the park all the time with his best friend Mark the dog. Markeaton Park has a great play centre and he loves the BMX track at Alvaston.

# **CYCLING**



Do you want to try something different? Ride the track at Derby Arena, feel the energy rush and excitement as you ride the 42° incline. If you're aged 12 (9 for family taster sessions) and over, why not come to Derby Arena and have a go?

Our highly-trained and experienced cycling instructors will be on hand to take you through the different stages to make you a confident rider.

To find out more and book your Stage One Track Cycling Taster session visit **derbyarena.co.uk/cycling** or call **01332 640011** 





#### SCHOOL HOLIDAYS

We have family sessions during school holiday periods, see page 13.

# **endsqup**

Cycle Derby offer a wide range of cycling opportunities for children and the whole family to enjoy. At **cyclederby.co.uk** you'll find a wealth of information to help you get started with cycling, find out about cycle routes, cycling events & races and much more.



#### **HOLIDAY ACTIVITIES**

Each shool holiday there are a variety of cycling activities on offer, often at Derby Arena or Markeaton Park. Visit **cyclederby.co.uk** for details.



Bikeability cycling lessons and some afterschool clubs are provided by Cycle Derby at Derby schools. Contact your school to find out what's available.



# COACHING



There are lots of activities for children to take part in at our leisure facilities, including term-time coaching courses. Some courses are delivered by our own staff and others by clubs. These courses will encourage children to be active and learn new skills.





	Derby Arena	Moorways Stadium	Queen's Leisure Centre	Springwood Leisure Centre
Gymnastics				•
Martial arts	•		•	•
Swimming lessons			•	
Football				•
Athletics		•		
Track cycling	•			
Trampolining				•





Please contact the individual leisure centres to find out more and how to book or visit **inderby.org.uk/coaching** 

#### **FACILITY HIRE**

Do you run a local team or group and are looking for a venue? We can accommodate block bookings, competition events or one day activity sessions. Call **01332 641234** or email **leisure@derby.gov.uk** 

#### **PRE-SCHOOL GYMNASTICS**

Let your little one be active and explore at pre-school gymnastics.

Pre-school gymnastics at **Springwood Leisure Centre** follows the British Gymnastics Fundamentals Scheme. Our sessions introduce your little one to gymnastics in a fun and challenging way by exploring the soft play and gymnastics equipment. Children will start to learn basic fundamental movements which are the building blocks for a wide range of sports and will start to develop their confidence. As they grow, children will increase their strength and flexibility through fun themed activities.

Sessions are Tuesdays and Wednesdays, for walking-age up to their 5th birthday (or school age).

Visit **inderby.org.uk/gymnastics** or call **01332 664433** for more information.









# PRE-SCHOOL GYMNASTICS SESSION Try for only £1 with this voucher

Terms & conditions apply. See inderby.org.uk/offers. Offer expires 6/12/2017 Call 01332 664433 to book your space at Springwood Leisure Centre

#### **BOUNCY CASTLE & SOFT PLAY**

Join us at Springwood Leisure Centre with your little ones and have great fun together on the bouncy castle and soft play equipment. For children aged 0 to 6 years. Parents participate in the session with their child.

#### Thursdays 9.30am - 11.30am

£2.50 each child. Booking is advised, call 01332 664433.





# SPORTS COURTS PACTIVE



Our sports centres and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your family to enjoy. We have rackets and balls available to hire. For prices, more information or to book visit inderby.org.uk/sports or inderby.org.uk/parks or call 01332 641234.

	Derby Arena	Moorways Stadium	Parks	Springwood Leisure Centre
Squash				•
Basketball				•
Racketball				•
Badminton	•			•
Table tennis	•			•
Short mat bowls	•			•
Basketball	•			•
Grass pitches		•	•	
Athletics track & field		•		
Synthetic pitches		•	•	•
Handball	•			
Netball	•			•
Volleyball	•			
Futsal football	•			
Tennis			•	





#### LOOKING FOR SOMEWHERE FOR YOUR **CLUB TO TRAIN?**

We have grass and floodlit pitches available for block bookings.

Call **01332 641234** or email leisure@derby.gov.uk



# **GOLF**



Derby Parks provide a fantastic range of opportunities to play golf. Whether it's for fun with the family in a game of Crazy Golf, practicing your skills on the Pitch and Putt 9 hole course, having fun with friends on our Footgolf course on Markeaton Park or competing on our challenging 18 hole golf course in the picturesque setting of Allestree Park, we have something for everyone.

#### MARKEATON PARK







#### **FOOTGOLF**

A combination of the best of football and golf using a regular size football.

To book call **01332 640789**.

#### PITCH AND PUTT

Suitable for anyone aged 8 years old and over, all abilities welcome. No need to book just come along.

#### **CRAZY GOLF**

Enjoy fantastic family fun at our 18 hole Crazy Golf course within the Mundy Play Centre. No need to book just come along.

#### **ALLESTREE PARK**

All ages are welcome at this 18 hole course, set in mature parkland, through undulating landscape and tree-lined fairways making every golf hole a testing, but fair challenge.

Book by calling 01332 550616, visit inderby.org.uk/golf.





# **SWIMMING**



At Queen's Leisure Centre we have great opportunities for children to learn to swim and for the family to be active together. Take a look at our pool programme at **inderby.org.uk/swim**, which offers plenty of opportunity to swim as a family whether it's for fun, relaxation or to keep fit.





#### **PUBLIC SWIM**

These sessions are for everyone - enjoy to swim at your own pace. Families can enjoy the pool together in this open session.

#### **FAMILY SPLASH**

Great family fun with floats and pool toys. Come along with your friends or family to enjoy the water - make waves, splash, dive and float.



#### **DISABLED SWIMMERS**

For adults and children with disabilities we have spacious disabled changing rooms and pool hoists. Access around the building is flat and there are induction loops available. Admission is free for carers helping a disabled person take part in an activity and disabled swim lessons.



LEARN TO SWIM See p11 for our range of swimming lessons

# **POOL PROGRAMME**

#### Queen's Leisure Centre

We have a great range of different swimming sessions available to suit everyone. Look out for family splash and adult & child sessions as well as our public swim session which is open to everyone. Our programme does change from time to time so check online for the most up to date times. The full programme is available at **inderby.org.uk/swim** or you can call **01332 641444** to find out about the best sessions for you.



**UNDER 8s POLICY** We operate a policy for ratio admission of children of a certain age with an adult to swim in our pools. Check **inderby.org.uk/swim** for more details.

# SCHOOL HOLIDAY POOL PROGRAMME We offer a fantastic fun-filled holiday programme, find out more on page 14 or visit inderby.org.uk/holidays.



**DID YOU KNOW?** Children under 5 can swim for FREE in public swim sessions

# LEARN TO SWIM STORY ACTIVE



Our Learn to Swim programme at Queen's Leisure Centre provides the opportunity for everyone regardless of age or ability to learn to swim at their own pace and achieve their own goals. Our qualified swim teachers will progress your child through the Amateur Swimming Association (ASA) framework.

#### **UNDER 5s**

#### Ducklings - 3 months to 5 years

The Ducklings Awards are designed to help children to explore and enjoy the fun of learning to swim. With the help of their parents/carers, your child will develop confidence both in and out of the water, whilst working towards the Duckling Awards.



#### **SWIMMING FOR DISABLED CHILDREN**

We offer Learn to Swim lessons for disabled children of all abilities. Whether your child would prefer to learn as part of a group or on a one-to-one basis, we will provide the necessary stepping stones to help them build their confidence and have fun in the water.





#### **5 TO 16 YEARS**

Our lessons cover a range of topics, including water confidence, stamina, stroke technique and much more.

All lessons and delivered based on the ability of each individual, so regardless of your child's experience we will make sure they feel comfortable and help them to build their own confidence at their own pace.

Levels 1 - 7 For non-swimmers, from their first splash to becoming confident and having fun in water.

Levels 8 - 10 Discipline-specific and are taught to young people who want to take up competitive swimming, water polo, synchronised, or diving.



To book your lesson call 01332 641444 or visit inderby.org.uk/learntoswim

# **BIRTHDAY PARTIES**

SPRINGWOOD LEISURE CENTRE | DERBY ARENA



BOUNCY CASTLE PARTY • 5-A-SIDE FOOTBALL PARTY • TRACK CYCLING PARTY SPORTS ACTIVITY PARTY • SPLASH PARTY • FUNCTION ROOM

Let us take the headache out and put the fun into your next birthday party.

Our flexible range of packages have something to suit everyone.

inderby.org.uk/birthdays



# SCHOOL HOLIDAYS PULL-OUT GUIDE

Sat 29 Jul - Sun 3 Sep | Sat 21 - Sun 29 Oct | Wed 20 Dec - Tue 2 Jan



Loads of fun
activities to choose from
Queen's Leisure Centre
Springwood Leisure Centre
Derby Arena
Derby Libraries
Guildhall Theatre
Derby Parks





# **SUMMER HOLIDAYS**

Sat 29 Jul - Sun 3 Sep

# QUEEN'S LEISURE CENTRE

#### **UNDER 5s FAMILY SWIM**

Every Mon, Tue, Wed, Thu, Fri 12-1pm Sat 2-4pm Sun 9-2:30pm

#### **Teaching Pool**

£4.25 adults, £3.20 juniors, under 5s free



#### FAMILY SPLASH

Every Mon, Wed & Fri 1-3pm Sat 10am-3pm

#### **Family Pool**

£4.25 adults, £3.20 juniors, under 5s free



#### **FAMILY SWIM OFFER**

Family of 4 swim for £9 - Save £5.90\* Available during family splash sessions in school holidays 1-3pm

\*Saving based on standard admission price 2 adults & 2 children 5+ yrs

#### **PUBLIC SWIM SESSIONS**

See our programme online at inderby.org.uk/swim

#### **LEARN TO SWIM 3 DAY COURSE**

Do you want to give your child that extra swim tuition, to improve confidence or technique. Join us for a 3 day intense course.

5 years and over.

For course days, times and prices call 01332 641444.



#### **POOL PARTY**

Come and have fun as a family or with friends at our Pool Party. There will be music, floats and inflatables.

#### Every Tue & Thu 1-3pm

**Gala Pool** £4.10 each



#### **THIS GIRL CAN**

Women and girls swim sessions.

Mon 12-1pm & Thu 7-8pm

#### **Family Pool**

£4.25 adults, £3.20 juniors

inderby.org.uk/holidays

# **DERBY ARENA**

#### HALF-PRICE RACKET SPORTS

Book a table tennis, badminton or pickleball court for half price.

Mon - Fri throughout holidays, 8am-4pm (excludes 25 Aug, subject to availability)



#### STREET DANCE

It will be a modern twist on old school funk to your favourite current songs. 7 to 16 years.

Fri 11 & Tue 22 Aug, 2pm-3pm

£3



#### **JUNIOR GYM SESSIONS**

Young people aged 12-16 can use our gym facilities for just £1.10 at Queen's Leisure Centre, Springwood Leisure Centre and Derby Arena in our Movement gym sessions.

Restrictions apply to use of free weights.

For more information and Movement session times visit inderby.ora.uk/movement



#### GO SPIKE VOLLEYBALL

Jump to the roof, wipe and kong block, join the Darkstar Volley team for a fantastic coaching session. 11 to 16 years

Tue 8, 15, 22 & 29 Aug, 6pm-9pm Thu 3, 10, 24, & 31 Aug, 6pm-9pm

5.3



#### **CHEERLEADING**

Give me a D, E, R, B, Y and try cheerleading! All abilities welcome. Learn low-level stunt technique, small jump and dance sequences. It's recommended to attend all three sessions as skills will be built throughout, however it's not compulsory. 7 to 16 years.

Wed 2, Thu 17 & Thu 31 Aug, 2pm -3pm

£3



#### **LEARN TO RIDE**

For children who are getting onto two wheels for the first time or those who have tried to ride and not quite got there! 50 minute lesson.

Mon 31 Jul, Tue 1, Tue 8, Wed 9, Thu 24 & Fri 25 Aug, 9am-3.30pm

£15

To book call **01332 641747** or email **cyclederby@derby.gov.uk** 



#### TRACK DAY

Morning session inside on the track Afternoon session outside skills. 9 - 16 years.

Fri 4, Fri 11 & Mon 21 Aug, 10am-3pm

225

To book call **01332 641747** or email **cyclederby@derby.gov.uk** 



#### YOUTH TRACK ACCREDITATION

Prior to this course you must already have completed a club session or 2 hours track time with Cycle Derby via the track day. Be able to maintain a hard tempo of cycling for 60+ mins and can ride for multiple hours. Be a competent club cyclist who has ridden in a controlled bunch environment with chain gang, sprinting skills. 12 - 16 years.

#### Tue 15 Aug 10am-2pm

£60

To book call **01332 641747** or email **cyclederby@derby.gov.uk** 



#### **FAMILY TRACK CYCLING**

Come with your family and try track cycling. You don't need any experience; our qualified coaches will provide advice and the correct equipment for you to enjoy this fantastic sport. 9 years and over, please wear trainers.

#### Mon 31 Jul, 7, 14, 21 & 28 Aug 9:30-10:30am

1 adult & 1 child £20

1 adult & 2 children £31

2 adults & 2 children £42

2 adults & 1 child £36.50

2 adults 3 children £46.20

To book call Derby Arena on 01332 640011



inderby.org.uk/holidays

# SPRINGWOOD LEISURE CENTRE

#### **GIANT GAMES SESSION**

Connect Four, Tumble Tower, Parachute, Twister, Race the Mat and more Indoor Games. Age 4 to 10 years

Mon 31 Jul, 14 & 28 Aug, 1:30-2:30pm

£4.50 each



#### **CUPCAKE DECORATING**

Let your mini bakers unleash their creativity in this special cake decorating activity. Age 5 to 11 years. Parents participate.

Tue 8 & 22 Aug, 10-11am

£5 each



# BOUNCY CASTLE AND SOFT PLAY SESSION

Drop in with your little ones and have great fun together on the bouncy castle and soft play. Age crawling to 6 years. Parents participate for free.

Every Thursday, 9:30am-11:30am

£2.50 each



# NINJA WARRIOR STYLE CIRCUIT SESSION

Come and try out our child-friendly circuit. Great way to have fun and keep fit. Under 10s

Fri 4, 18 Aug & 1 Sep, 1:30pm-2:30pm & 3pm-4pm

£5 each



#### **DISCO FEVER**

Dance to the latest music, feel the beat and show us your moves! Under 12s.

Fri 11 & 25 Aug, 3pm-4pm

£3 each



#### HALF PRICE COURTS

Come and play with your friends and family, book a court for half price. Includes badminton, squash and outdoor courts.

Mon - Fri, 9am-4pm





THUISTALISTICIO

From £20 a day.
 Sibling discount available.

We offer multi-sport coaching sessions during the school holidays from 9-3pm.
Where children aged 5-14years can play and learn a whole range of different sports. Our fully trained staff are excellent role models who are all passionate about sport and want to share this with your children.

Springwood Leisure Centre

www.SportScouts.co.uk



# **MOORWAYS STADIUM**

# **BOOK A FOOTBALL COURT**













SUMMER THE READING RECHALLENGE

READING AGENCY

THE READING AGENCY AND LIBRARIES PRESENT

# ANIMAL AGENTS

**SUMMER READING CHALLENGE 2017** 

At all Derby City Council Libraries

Saturday 15 July to Saturday 16 September

For children aged four to eleven years

EVERYTHING BEGINS WITH READING



# **THEATRE & EVENTS**



Wed 26 - Thu 27 Jul £17.25



THE DERBY BEACH

Thu 27 Jul - Wed 23 Aug Free entry, see on site for prices



Sat 29 - Sun 30 Aug £5, free for under 3s



Sun 30 Jul, 12 noon



Mon 31 Jul - Fri 4 Aug Free entry, see onsite for prices



Mon 31 Jul - Fri 4 Aug, 9am - 4pm



Fri 4 Aug, 9pm



Sat 5 Aug, 9pm



Sat 26 - Sun 27 Aug

Free to spectate



**DIG FOR VICTORY** 



Find out more about these and other great events on pages 26 and 27 or visit inderby.org.uk/events

Sun 27 Aug, 11am

Free

£2.50 in advance, £5 on the day. Under 16s free with a ticket.

01332 641234 (see back page for other ways to get in touch)

Sun 3 Sep



# SPRINGWOOD LEISURE CENTRE

#### HALLOWEEN BOUNCY CASTLE AND SOFT PLAY SESSION

Drop in with your little ones, dress-up in your spooky outfit and have great fun together on the bouncy castle and soft play. Age crawling to 6 years. Parents participate for free.

Thu 26 Oct, 9:30am-11:30am £2.50 each



#### SPOOKTACULAR DISCO FEVER

Come in fancy dress, dance to the latest Under 12s

Mon 23 Oct, 3pm-4pm





#### NINJA WARRIOR STYLE **CIRCUIT SESSION**

Come and try out our child-friendly circuit. Great way to have fun and keep fit. Under 10s

Fri 27 Oct, 1:30pm-2:30pm & 3pm-4pm

£5 each



#### SPORTS SCOUT CAMP

Multi-sport coaching for children aged 5 to 14

Mon 23 - Fri 27 Oct, 9am-3pm

From £20 a day

For more information and to book visit sportscouts.co.uk or call 07815 524614



## **DERBY ARENA**

#### HALF-PRICE RACKET SPORTS

Book a table tennis, pickleball or badminton court for half price.

Mon 23 - Fri 27 Oct 8am-4pm \*Availability of courts subject to change

#### FAMILY TRACK CYCLING

Come with your family and try track cycling. You don't need any experience; our qualified coaches will provide advice and the correct equipment for you to enjoy this fantastic sport. 9 years and over, please wear trainers.

Mon 23 Oct 9:30-10:30am Tue 24 Oct 1:30-2:30pm Thu 26 Oct 1-2pm

1 adult & 1 child £20 1 adult & 2 children £31 2 adults & 2 children £42 2 adults & 1 child £36.50 2 adults 3 children £46.20

#### YOUTH BEGINNER CYCLING SESSION

For young people aged 9 to 15 years. You don't need any experience, but must be able to ride a bike. Our qualified coaches will provide advice and the correct equipment for to enjoy this fantastic sport.

Mon 23 Oct. 2-3pm Tue 24 Oct, 12-1pm Thu 26 Oct, 12-1pm

£10.50 each



# **QUEEN'S LEISURE CENTRE**



# **THEATRE & EVENTS**



**Community Room** 

Clubrooms



# **THEATRE & EVENTS**



FAMILY FESTIVITIES OF STREET, STREET,

Fri 1 Dec - Tue 2 Jan

£6.50 - £8.50

Sat 2 & Sun 3, Sat 9 & Sun 10, Sat 16 & Sun 17 Dec Free entry, see onsite for prices





Tue 5 - Sun 31 Dec

£14.75 - £32.75

Thu 7 - Thu 28 Dec

£10 - £13.50

Find out more about these and other events on pages 26 and 27 or visit inderby.org.uk/events

# **HOW TO BOOK**

To book the holiday activities in this pull-out guide or to buy tickets for a show, please contact the facility where the activity is taking place.

#### SPRINGWOOD LEISURE CENTRE

01332 664433

inderby.org.uk/springwood

#### **QUEEN'S LEISURE CENTRE**

01332 641444 inderby.org.uk/queens

#### **MOORWAYS STADIUM**

01332 641234 inderby.org.uk/moorways

#### **DERBY ARENA**

01332 660011 derbyarena.co.uk

#### **ALLESTREE PARK GOLF COURSE**

01332 550616 inderby.org.uk/golf

#### **GUILDHALL THEATRE**

01332 255800 derbylive.co.uk

See back page for other ways to get in touch.



Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have **board books**, **picture books**, **story books**, **audiobooks**, **ebooks**, and much, much more! **Bookstart** is a national scheme giving free books to pre-school children – find out more on our website.

We run a range of free activities for children, see below for details, and visit our website for details of when and where each session takes place.

#### **CODING CLUB**

Our Code Clubs are run by trained volunteers at Central and Sinfin libraries and teach children basic computer programming. New 20 week courses starting in mid-February. Please book early to secure a place.

Sessions are open to children aged 9 to 11.



#### **SHAKE, RATTLE & RHYMETIME**

Free half hour sessions of music and rhymes. Rhymes and songs are a great way of helping your child acquire good language skills and can really help with their future learning.

For babies and toddlers aged up to three years, with their parents and carers.



#### **CHILDREN'S STORYTIME**

Join us at Chaddesden Library on Fridays at 3:45pm for our weekly storytime session for 5-10 year olds.



#### **CRADLE CLUB**

Cradle Clubs are free weekly sessions for parents and carers with babies to meet socially and have fun with their little ones. They offer a time to play, have fun, share stories, sing and laugh together. Staff will also provide the opportunity to hear and take part in stories, music, songs and rhymes.

For babies and children aged up to 2 years, with their parents or carers.



**EVERYTHING BEGINS WITH READING** 

# **EVENTS**

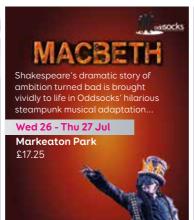
For a full programme of events visit inderby.org.uk/events and derbylive.co.uk



Back for the third year. Come along to support and browse the event village for food, drink and shopping. Find out more at jensonbuttontriathlon.com

Sun 23 Jul, 9am - 4pm

Markeaton Park



#### THE DERBY BEACH

sandy beach, deck chairs, traditional seaside rock, candy floss, ice cream, walk on water balls and all the fun of Open daily weather permitting.

Thu 27 Jul - Wed 23 Aug 11am - 8pm

Market Place

Free entry, see on site for prices





(Naughty Meg and the Christmas Elves, Captain Sprout and the Christmas Pirates) on a one-hour wild if you can discover who has been stealing the King's apples.

Sat 29 - Sun 30 Jul

£5 (Free for under 3s)







#### **SUPERHERO PICNIC** IN THE PARK

Prizes for best dressed superhero.

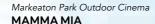
Mon 31 Jul - Fri 4 Aug Derby Parks





this week long series of workshops is aimed at improving musical theatre skills. The workshops will centre on singing, acting and dancing performance techniques as well as general stage craft.

Mon 31 Jul - Fri 4 Aug, 9am - 5pm Guildhall Theatre £140



The story of a bride-to-be trying to find her real father, packed with hit songs from the legendary pop group ABBA.

Fri 4 Aug, 9pm

£13



#### Markeaton Park Outdoor Cinema **GREASE**

Sandy and Danny fell in love over the Summer. Then at the beginning of the new High Schol year they unexpectedly realise they are at the same school. Will they rekindle their romance?

Sat 5 Aug, 9pm





We offer a range sign language interpreted, captioned, audio described performances as well as some relaxed performance. Visit derbylive.co.uk/access for more information.



Come and watch the biggest event on the UK domestic calendar, with an entry list of over 1000 competitors vying for glory, a real festival style atmosphere is expected on this bank holiday. Further details can be found at derbybmx.com

#### Sat 26 - Sun 27 Aug



## DIG ON VICTORY

The friends of Markeaton Park are bringing a 1940s themed family festival including craft fair and entertainment. Bringing history alive!



#### Hannells DARLEY PARK CONCERT

LIVE VIVA

Come along and be part of the 30,000 strong crowd at one of the UK's biggest outdoor classic concerts, in the stunning natural amphitheatre that is Darley Park. An evening of classic music and fireworks. Don't forget your picnic - you can even pre-order one from our website

#### Sun 3 Sep

Darley Park £2.50 in advance, £5 on the day. Under 16s free with a ticket.



Transforming the city into a playground with performances for the whole family to enjoy, including music, circus performances, dance and superheroes.

#### Fri 29 - Sat 30 Sep

#### City Centre

Free, with some paid-for events



Babbling Vagabonds in association with Derby LIVE

#### A Stroppy Workshoppy

A make, play, and take puppet making workshop from the wonderful creators of the Guildhall Theatre Christmas shows including this year's Prince Stroppy Pants and the Christmas Caper.

#### Mon 23 - Wed 25 Oct

Markeaton Park Community Room

#### Thu 26 - Sat 28 Oct

Guildhall Theatre Clubrooms £4.50, 2 for £8, 3 or more for £3.50 each





Whether out with a group of friends, spending time as a family or looking for a venue for a work Christmas party, a spin on the Ice Rink, made of real ice, will be a fabulous festive treat!

#### Fri 1 Dec - Tue 2 Jan

Market Place £6.50 - £8.50



Sat 2 & Sun 3, Sat 9 & Sun 10, Sat 16 & Sun 17 Dec

#### Markeaton Park

Free entry, see on site for attraction prices.



spectacular, star-studded, traditional,

Tue 5 - Sun 31 Dec

Derby Arena





His Royal Highness is the stroppiest Prince ever. Find out if he can learn some manners in this fun family show.

#### Thu 7 - Thu 28 Dec

**Guildhall Theatre** £10 - £13.50





Derby has over 300 parks and open spaces. They're jam-packed with things to do as a family, from play areas and skate parks to nature reserves and a butterfly garden.

Our parks are a great place to get healthy: they're open to everyone and are free to use. Stay active by taking a walk, playing football or golf, or using our adiZone free outdoor gyms.

We also have lots of events taking place on our parks and open spaces throughout the year - have a look at our events programme online for more information.

#### PLAYGROUND AND PLAY AREAS

Derby has over 50 play areas, with loads to keep all ages happy including: giant basket swings, zip wires, mazes, sand pits, trampolines, swings, see-saws, skate parks, BMX parks, water play areas, climbing boulders and much more! Go online at inderby.org.uk/parks to find out more and plan your next visit.



#### **ADIZONE GYMS**

Get active on one of our adiZone outdoor gyms.



#### **GOLF**

Crazy golf, pitch & putt, footgolf or an 18 hole course, Derby Parks have it all – find out more on page 8.



#### **NATURE & WILDLIFE**

Our parks, open spaces, woods and nature reserves offer fantastic opportunities to learn more as a family. Find nature walks and trails and plenty of resources online at inderby.org.uk/parks.



#### **BUGGY BABES**

A great way to meet new mums and get fit at the same time, at Darley Park Mondays at 2pm or Thursdays at 10:30am.



### SKATE PARKS

Several of our parks have skate parks and BMX parks. The National BMX championships were held at Alvaston Park's track, which is particularly user-friendly to BMX riders as well as skaters. A must visit for skating enthusiasts. Take a look on our website to find out more.



#### **ALLOTMENTS**

Get fit, get healthy and grow your own! There are 30 allotment sites within Derby, which means everyone can have an outside space of their own. Maintaining an allotment is great for keeping the children busy and there's lots to be learnt about where food comes from and how to nuture and care for plants. Find out more at inderby.org.uk/parks.



#### **JUNIOR PARKRUN**

4-14 year olds can take part in a 2k run every Sunday at 9am at Markeaton Park.



#### **VOLUNTEER OPPORTUNITIES**

Derby Parks volunteers contribute their time and energies to the conservation and development of Derby's many green spaces. Why not join as a family? To find out more visit **derbyparksvolunteers.co.uk** 



#### **FOOD AND DRINK**

You can find refreshments kiosks and cafés in most of our parks, including the recently refurbished Orangery at Markeaton Park and Waterside Café at Alvaston Park. Drop in for drinks, ice creams, homemade cakes, light bites and meals. Special children's menus are available in some venues.







#### **MUNDY PLAY CENTRE**

Lots of fun for all the family to enjoy, with exciting opportunities for children to climb, run, and play in a safe, engaging, fun environment. There's plenty of new seating and picnic areas, so why not enjoy hot drinks, ice cream or a light snack from our kiosk.

Open all year round. Some activities only available 10.30am - 4.30pm at weekends, on bank holidays and in Derby school holidays.



#### **CRAFT VILLAGE**

Why not have a look around the craft units? Buy some duck food, paint a pot or visit the speciality chocolate shop.

Open from 10.30am - 4.30pm



#### **MARKEATON ADVENTURE HUB**

Don't miss this impressive adventure course with high and low aerial treks, zipwires, powerfan decender and climbs.

Open from 10.30am - 4.30pm

To book visit challengeacademy.co.uk



#### **ALL KINDS OF GOLF**

Markeaton Park is great for golf activities. We have Pitch & putt, Crazy golf and Footgolf. See page 8 for more details.



#### **EVENTS**

There's a year round programme of events at the park. Find out more at

inderby.org.uk/whatson





# **UNDER FIVES**

We've got plenty on offer to keep you and your under 5 occupied. From walks in the park or bouncing in our soft play sessions to storytime at the library or laughing along with our family panto.

#### **DERBY ACTIVE**

Start your child's love of **swimming** from 3 months old with our **Adult & Child sessions**. Our **Learn to Swim** programme also starts from 3 months with Ducklings (see p11 for more). We also have **Splash sessions** for the whole family to enjoy.

On the drier side, at **Springwood Leisure Centre** we have **Bouncy castle and soft play sessions** on Thursdays at 9.30am, and a **Preschool Gymnastics** programme.



#### **PARKS**

A walk in the park is a great way to keep fit and meet up with friends. Most of our parks have play areas, the Mundy Play Centre at Markeaton Park has the most on offer, with the pirate ship, paddling pool and the Orangery Café to take a break.

If you're looking to really get active, try **Buggy Babes** at **Darley Park** Mondays at 2pm or Thursdays at 10:30am, a great way to meet new mums and get fit at the same time.



#### **LIBRARIES**

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have **board books**, **picture books**, **story books**, **audiobooks**, **ebooks**, and much, much more! **Bookstart** is a national scheme giving free books to preschool children - find out more on our website.

We run free **Cradle Clubs** and **Shake, Rattle and Rhymetime** sessions - visit our website for details of when and where each session takes place.



#### **DERBY LIVE**

Your child's first visit to the theatre is a magical time. We have a range of family shows at the Guildhall Theatre throughout the year. There's also fun for the whole family with the the annual pantomime at Derby Arena, this year it's **Beauty and the Beast**. See p26 & 27 for more.



# **TEENAGERS**

There's plenty on offer for older children and teenagers.

#### **SKATE PARKS**

Several of our parks have skate parks and BMX parks. Take a look on our website to find out more.



DCFC and Livewell offer a free and fun programme for 5 to 17 year olds to help them be more active and healthy. Find out more at **livewellderby.co.uk** 









Join The Movement and take part in loads of fun activities. Get support to stop smoking, manage weight, get fitter and live life to the full!

- Gym and swim sessions for just £1.10 at Council leisure centres (12+)
- Confidential support to stop smoking (12+)
- 2-months support for children and families to manage weight (5-17)

Our Movement membership is available to young people aged 11 to 16 years.

To find out more visit themovementderby.co.uk



@DerbyMovement



**DerbyMovement** 



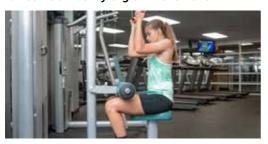
themovementderby

#### **JUNIOR GYM**

Young people aged 12-16 can use our gym facilities for just £1.10 at Queen's Leisure Centre, Springwood Leisure Centre and Derby Arena in our Movement gym sessions.

Restrictions apply to use of free weights.

For more information and Movement session times visit inderby.org.uk/movement



#### TRACK CYCLING

14 - 16 year olds can experience the thrill of the Derby Arena cycle track. See page 4 for more information.



#### **CLUBERCISE**

A blend of simple aerobics and street dance moves, for young people aged 12-16 years. The session is free, for more information visit **themovementderby.co.uk** 



#### **GOLF**

Come and tee off at Allestree Park Golf Course. Under 16s can play this 18 hole course from  $\Sigma 5$ . See page 8 for more information



#### **FIVERLIVE**

16-26 year olds can join Derby LIVE's fiverLIVE scheme to get access to £5 tickets for a range of shows. Find out more at **derbylive.co.uk/fiverlive.** 



#### **LIBRARIES**

Our libraries have loads on offer whether it's help with homework, somewhere to get online or broadening your horizons. Peartree Library runs a weekly homework club in term-time on Thursdays at 4:30pm.



# COMPETITION

Flix is off to see a show at the Guildhall Theatre. Can you spot ten differences between these two pictures of her? Enter for your chance to win. The prize includes a family ticket to see pantomime Beauty and the Beast at Derby Arena this December, a family swim pass and a voucher book for the Mundy Play Centre at Markeaton Park.







Send your completed entries, by 30 Nov 2017 to Leisure & Culture Marketing Team, Assembly Rooms, Market Place, Cathedral Quarter, Derby, DE1 3AH or scan and email your entry to lctmarketing@derby.gov.uk to be entered into our prize draw.

Name		Age
Phone Number	Email address	

Terms and conditions apply. Family ticket comprises of 2 adults and 2 under 16s.

# **CONTACT US**



You can find detail for our all individual venues and facilities online or by contacting us.



T: 01332 641234 E: leisure@derby.gov.uk inderby.org.uk/active



T: 01332 640789 E: parks@derby.gov.uk inderby.org.uk/parks



T: 01332 641701 E: libraries@derby.gov.uk inderby.org.uk/libraries



T: 01332 255800 E: derbylive@derby.gov.uk derbylive.co.uk

#### OTHER WAYS TO GET IN TOUCH

Text **07812 301233**Minicom **01332 640666**Typetalk **18001 01332 640640** 

#### **ALTERNATIVE FORMATS**

We can give you this information in any other way, style or language that will help you access it. Please contact us on **01332 640640**, email **inderby@derby.gov.uk**, text **07812 301233**, minicom **01332 640666** or typetalk **18001 01332 640640**.

Túto informáciu vám môžeme poskytnúť iným spôsobom, štýlom alebo v inom jazyku, ktorý vám pomôže k jej sprístupneniu. Skontaktujte nás prosím na tel.č: 01332 640640 Minicom 01332 640666

یہ معلومات ہم آپ کو کی دیگر ایسے طریقے ،انداز اور زبان میں مہیا کر سکتے ہیں جواس تک رسائی میں آپ کی مدد کرے۔ براہ کرم منی کام 640666 01332 پرہم سے رابطہ کریں۔

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku.

Prosimy o kontakt: 01332 640640 Tel. tekstowy: 01332 640666

ਇਹ ਜਾਣਕਾਰੀ ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਿਸੇ ਵੀ ਹੋਰ ਤਰੀਕੇ ਨਾਲ, ਕਿਸੇ ਵੀ ਹੋਰ ਰੂਪ ਜਾਂ ਬੋਲੀ ਵਿੱਚ ਦੇ ਸਕਦੇ ਹਾਂ, ਜਿਹੜੀ ਇਸ ਤੱਕ ਪਹੁੰਚ ਕਰਨ ਵਿੱਚ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੀ ਹੋਵੇ। ਕਿਰਪਾ ਕਰਕੇ ਸਾਡੇ ਨਾਲ ਟੈਲੀਫ਼ੋਨ 01332 640640 ਮਿਨੀਕਮ 01332 640666 ਤੇ ਸੰਪਰਕ ਕਰੋ।